



Dear colleagues,

We would like to invite you to attend the **10<sup>th</sup> ESST meeting** scheduled for Tuesday, September 14<sup>th</sup> 2010, which will be held in conjunction with the ESRS meeting in Lisbon, Portugal (14-18 September 2010).

The local organizing committee of the ESRS has a special registration fee for ESST members, that is €250,- up to 28 April 2010. As from 29 April 2010 it will be enhanced to €350,- and as from 29 July 2010 it will be €400,-, so please register in time (see [www.congrex.ch/esrs2010](http://www.congrex.ch/esrs2010) for more information).

The scientific program of our ESST meeting will cover different topics of sleep medicine and technology. Please see our programme enclosed.

With this letter we would like to encourage you to attend the ESRS congress, our 10<sup>th</sup> ESST meeting and to join our special social event on Wednesday 15 September, what and where to be announced later. We look forward to seeing you in Lisbon!

Yours sincerely,

Handwritten signature of Simone de Lacy in black ink.

Simone de Lacy, ESST President

Handwritten signature of José Vis in blue ink.

José Vis, ESST secretary



## European Society of Sleep Technologists Meeting Programme Tuesday 14<sup>th</sup> September 2010, ESRS Conference, Lisbon

9:00-9:30 *Registration and Coffee*

9:30-9:40 **Welcome:** *Simone de Lacy, President ESST*

**Chair:** *Simone de Lacy*

9:40-10:10 **A Consultant Technologist Sleep Apnoea Service:** *Simone de Lacy, UK*

10:10-10:40 **Portuguese Sleep Medicine Tests:** *Ana Brito, PT*

10:40-11:10 **Cardiovascular Consequences of OSA:** *Dr Denise O'Driscoll, AU*

11:10-11:30 *Coffee Break*

**Chair:** *José Vis*

11:30-12:00 **Parasomnias: Video Case Studies:** *Irma Van Velzen, NL*

12:30-13:00 **Diagnosis and DD of Restless Legs Syndrome:** *Prof. Claudio Bassetti, CH*

13:00-14:00 *Lunch: 5 x 10 minute industry-sponsored presentations*

**Chair:** *Jo Tiete*

14:00-14:45 **ESRS: Accreditation of Sleep Technologists & Education Centres:** *Prof. Dirk Pevernagie, BE*

14:45-15:15 **R&K or AASM 07- Have we decided yet?** *Paul Murphy, SE*

15:15-15:30 *Tea*

**Chair:** *Irma Van Velzen*

15:30- 16:00 **Sleep and Cognition in Childhood:** *Dr Rebecca Schutte, NL*

16:00- 16:30 **Microstructure and dynamics of sleep in children aged 10-12 years:** *José Vis, NL*

**17:00-18:00 ESST Board and National Delegate meeting**